IncuPA
A project incubator to optimize the support of informal caregivers (ICs) in French-speaking Switzerland

Project leader: Sandrine Pihet
Assistant: Noémie Pasquier
Context

Pressure on informal caregivers

- Socio-demographic changes
- Shift to ambulatory care
- Shortage of qualified health personnel
- Aging population
  - Increasing dementia
  - Chronic diseases
- Health costs
- Early institutionalization
- Mistreatment of the care recipient
- Caregiver exhaustion
Social innovation
What is IncuPA?

A project incubator to stimulate social innovation in the field of informal caregivers.
Four helix model
2017 Exploring feasibility I

- Explore the relevance and evaluate the interest
- Develop a network of skills and partnerships
- Explore funding options
Feasability study I

- Survey of professionals and associations

- Semi structured interviews with representatives of
  - the authorities of three cantons
  - a private company
  - a health insurance

- Survey of the research and teaching personnel of the HES-SO Health Faculty
Survey of professionals and associations: participants

- 167 organizations were contacted through 259 contacts
- 86 partial responses that can be analyses (response rate 50.3 %) of which 55 complete responses
Survey of professionals and associations: measures

15 items on

- Successes and challenges in supporting ICs
- Procedures used to develop and evaluate their support
- Level of interest in IncuPA
- Level of motivation for participating in IncuPA
- Opinion on how to strengthen collaboration between research and field organizations
Survey of professionals and associations: **main results**

- **Main difficulties**
  - lack of resources, visibility, coordination
  - resistance of ICs to being helped

- **Evaluation for 58%, mostly satisfaction**

- **Use of scientific evidence for 22.2%**
Survey of professionals and associations: **main results**

- 95% interested in at least one activity of IncuPA, >75% for financial support, access to scientific information, and networking

- Face-to-face meetings, coordination meetings, participation of researchers in field activities, knowledge transfer
Interests and needs of organizations supporting ICs
Semi structured interviews: cantons

Funding and monitoring

diverse methodologies & use of scientific info

Interest for IncuPA
Semi-structured interviews: private company

Diverse support options
Individualized approach

Very few ICs identified & supported

Interest for IncuPA
Semi structured interviews: health insurance

Lack of measures for the support of ICs
Not their field of responsability
Representation of insurances necessary

Interest for IncuPA
Survey of research & teaching personnel of HES-SO Health

- 24 persons involved with ICs
- From each of the 7 health schools
- Diverse expertises and skills
- Condition for participation: time devoted is acknowledged
Survey of research & teaching personnel of HES-SO Health

Interest for IncuPA activities >75%:
- knowledge transfer (scientific evidence and best practices)
- networking with field organizations
- co-organizing events
- collaborative innovation to solve problems or act on unmet needs
2018 Exploring feasibility II

- Planning concrete activities of IncuPA
- Collaborative way:
  - Consensus building
  - 5 groups in 5 cantons
  - All stakeholders

- Business plan
2019 IncuPA coming soon
Thank you for your attention

This is innovation, but we need collaboration.