

<b>Title</b>	MOBiLe – Framework for developing a mobility management program for ageing adults
<b>Acronyme</b>	MOBiLe – Consensus study
<b>Statut (date start – end)</b>	October 2015 – March 2017
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<b>Abstract</b>	<p>Little is known about how to help older people maintain their mobility and social participation once they cease driving. Our aim was to conduct an international expert consensus study to establish an agreed conceptual framework and goals for a Mobility Management Program. Eighty-five researchers and occupational therapist, that were active in this field, were invited to participate in the study: fourteen and eight of these respectively, from six countries, contributed. Using an anonymous web-based system panel member comments were classified and labelled. Opinions were collated by four independent researchers, summarized then taken forward into the next round for further consideration. The study ended once the majority of participants (n=16/22) considered that an additional round would not help to improve the framework. Consensus was achieved after four rounds.</p> <p>The consensus group agreed that a Mobility Management Program should facilitate a person's transition to using alternative means of transport and guide them through their adjustments to becoming non-drivers. The aim of a program would be to ensure: mental and physical well-being, social and community engagement, road safety, and maintaining meaningful occupations. The theoretical models relevant to the construction of the program are the: Trans-theoretical Model of Behavior Change, Health Action Process Approach (self-efficacy), Transactional Model, and Client-Centered Goal Setting Approach. The consensus group agreed on a person-centered approach that respects individual attitudes towards driving cessation and accompanies them through four phases: consideration, acceptance, action, and autonomy. Success is achieved when new emerging needs are met and managed by the individual/ care-giver concerned.</p>
<b>Field / academic partners</b>	<ul style="list-style-type: none"> <li>CHUV (<a href="http://www.chuv.ch/">http://www.chuv.ch/</a>)</li> <li>EESP, école d'études sociales et pédagogiques - Lausanne (<a href="https://www.eesp.ch/">https://www.eesp.ch/</a>)</li> </ul>
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<b>Valorisation (publications, conferences, congress)</b>	<ul style="list-style-type: none"> <li>Vaucher P. Seminar and think tank: an occupational perspective of mobility. Keynote speaker – Maintaining mobility in late life. HES-SO. 5-7 december 2016, Division of Occupational Therapy, EESP, Lausanne.</li> <li>Vaucher, P., Hilfiker, R., Margot Cattin, I., Pihet, S., &amp; Carnes, D. (2016). Maintaining wellbeing, safety and social participation in home-dwelling older people with person-centred transdisciplinary support networks. Oral presentation. Swiss Congress for Health Professions (SCHP), 1-2 septembre, Lugano, Campus Trevano, Cannobio, Switzerland.</li> </ul>